

What is the “vital force” which created nature and moves reality? What keeps the universe going? What keeps us going? An insight into *realistic reductionism*; energy as the theory of everything

What makes the world move? What are we capable of knowing? These are certainly the challenging inquiries that people ask themselves and others; when, curiosity about their existence, meaning and purpose in life are kindled—when they gazed into space to witness the beauty of distant suns and when they were astonished by the epic size of space. The obvious answer for these inquiries for realistic and rational people was of course *energy* based of the famous formula of Einstein $E = mc^2$.

Idealists and mystics like Plato and Berkeley made a great error in their metaphysics or outlook into exclusive reality by attempting to shun the existence of reality all together; which, they hoped by shutting their eyes and ignoring the incoming energy data from reality into their energy decoding brain; they thought they would make reality, energy or nature go away. They denoted objective reality as mutable and perishable. But the reality was that energy as we are taught in high school physics takes several forms; it is these “*forms*” that are *mutable and perishable* but not energy in general; it is eternal, immortal and self-existent.

Thus, the problem with mystics is that; in search for their “*theory of everything*” they misinterpreted objective reality by observing all segments of nature and concluding that *atoms* which are forms of energy themselves—can never move themselves; thus there must be another mover ‘outside’ nature. But, this is where they make their gravest mistake; because, they failed to recognize that the “*vital force*” that they are seeking takes various forms; all material objects themselves are *concentrated* forms of energy i.e. atoms and all observable entities as said above. Thus, they should never have derided atoms with contempt as mindless mechanics which can never conduct themselves. They ventured into their imagination to seek the ‘vital force’ which keeps everything going. They called it a “spirit”. Where, in fact they failed to realize again that “spirit” by definition is identical to energy. Their definition of spirit is an entity which has no beginning and has no end; it is an immortal, self-existent entity—which created the Cosmos and everything that we behold; it moves, and determines everything. Now, the same identical definition also goes to energy which realists and rational people like me believe in; therefore, in a sense you can say that there is no conflict between idealists and realists. Idealists are famous for denying the existence and legitimacy of matter which was created by energy. They stated that spirit or in my understanding energy is the sole legitimate object in existence; material forms are perishable; which is in fact consistent with—what science says and teaches i.e. the material world that came out of energy or “spirit” in mystical terminology in the first second of the Big Bang is mutable and perishable; it changes from one form to the other; but *remember* that it can

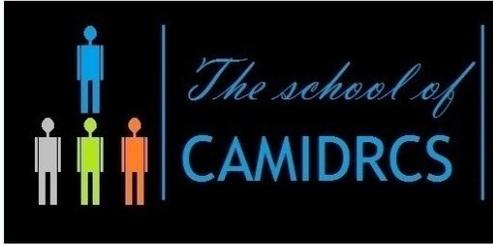
never be destroyed. Thus, I do not see a conflict between the idealist interpretation of reality and the realist's interpretation of reality; except the fact that idealists tend to use antique *mystical terminologies*, tend to be preoccupied in oneirism and caprice rather than reason and evidence.

Our Cosmos came into existence out of pure energy; energy created nature—it moves it, determines it and shapes it; the mystic expression is that spirit created nature—it moves it, determines it and shapes it. Now, where is the conflict between realism and idealism? Mystics can be labeled as people—who believe in pure energy; not in the *forms* of energy like matter. If so; then, let it be it; energy is what we call god or the *vital force*; which literally created us, moves, determines, and shapes us.

The mystics are right into thinking that nature or concentrated energy is mutable and perishable into spirit or energy. But their problem is that they delve into delirium, personification and vagary in the observation and understanding of exclusive nature; that we are all part of and live in. They are advised to embrace reason and realism in understanding, and manipulating nature in order to make human habitability in the cosmos bearable and possible; because, their so called “spirit” is the same thing as *energy*.

Now, some might raise the question of “intelligence” about energy. Is energy intelligent? Is it a mind? Is our universe created by purpose or necessity? Is it the product of intelligence or mindlessness? These questions are legitimate and very important in Cosmology; but in my case I do not believe that there is *any intelligence* in nature; I do not believe that energy is intelligent at all; the only intelligence and form of energy in nature is *man*. I believe man is living inside a mindless and mad force called energy. Which really points to the preciousness of intelligence in nature. This, is the reason that in my writings I promote *self-preservation* i.e. hedonism in all five spectrums in order to facilitate longevity and transcendence. I believe that this *accidental awakening* of nature must be preserved and enhanced to infinity. Which has to be seen as something *precious* in a mad cosmos governed by chance and probability. The mystical interpretation of nature must be rectified by eliminating the silly terminology in their discourse and delirious engagement in their actions with exclusive nature into an objective, rational engagement and view of the Cosmos which respects the laws of nature.

Therefore, as a conclusion *reality, nature, and energy* are all the same things; if mystics are obsessed into reducing everything down to the theory of everything; then, they can only go as far as energy; which they mystically call “spirit”. Thus, *reductionism* in nature could only lead to one thing—the eternal, immortal, and self-existent *energy*. Which created our universe, and everything we behold in it; it pervades and penetrates everything as a *life force* supporting biology and suspending celestial bodies in empty space. That my friend is your theory of everything. The force that mystics denote as indestructible and eternal; the creator of everything; which has no beginning and will have no end.



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